

**Jesus and the Path to True Joy: Meekness**

1. What was your understanding of meekness before this sermon? Did your view change?
2. What examples can you think of, either from Scripture or your own life, of someone who, “Calmly faced unjust or unfair actions against themselves with self-control, and didn’t respond with unrestrained anger, even if they have the right and the ability to respond with anger?”
3. In what ways do you recognize God working to make you more meek? In what ways do you still need to grow?
4. What are practical ways you can cultivate humility and trust, so as to develop meekness in your life?
5. Jesus said the meek shall inherit the earth. What are some other ways that meek people enjoy happiness, even now?
6. Jesus is the greatest expression of meekness. How should this affect our relationship with Him?
7. In your prayer time, thank Jesus for His meekness toward us, and pray for each other to be made more like our meek Savior.